A REPORT

ON

NSS SPECIAL CAMP

22-3 -2022 - 28-3-2022

BY

RGUKT NSS UNIT VI

IDUPULAPAYA VILLAGE

(An Adopted Village)

K.ANUSHA RAJ

DSVJPKOTESWARI

PROGRAMOFFICER

PROGRAM COORDINATOR

NSS SPECIAL CAMP DAY WISE REPORT

Idupulapaya village is located in Vempalle tehsil of Y S R district in Andhra Pradesh, India. It is situated 10km away from sub-district headquarter Vempalle (tehsildar office) and 55km away from district headquarter Kadapa. As per 2009 stats, Idupalapaya is the gram panchayat of Idupulapaya village. The total geographical area of village is 881 hectares. Idupulapaya has a total population of 7,679 peoples. There are about 764 houses in Idupulapaya village. Idupulapaya village is facing discrimination that translates into low education level, low socio-economic status and lack of appropriate access to health care. Hence RGUKT NSS unit -6 along with the Program officer Mrs K.Anusha Raj has planned to empower them in all the above mentioned criteria's by organizing special camp from 22/3/2022- 28/3/2022. The objective of the camp is to impart them the values of education and hygiene for the upliftment of their social economic status, some plantations and also help the needy.

Mrs K.Anusha Raj,NSS Program officer, along with some village representatives visited the nearby villages to have some idea about their livelihood, requirements before starting the camp and to plan for the special camp.

IDAY:

Door - Door Campaign

Day I started with the formal Inaugural. The NSS volunteers were then divided into groups and were asked to do survey in the Idupulapaya. Firstly, the volunteers visited each and every house and collected the information regarding health issues, old people issues, child labour. They speak only Telugu language even unable to understand the language of English. There are nearly 60 families living in that area. From the survey it was understood that they make their livelihood by doing farming as many of them have their own farms of groundnuts, some sunflower plants, and also some muskmelon farms. Their attire ladies with traditional saree and gents wear only dhoti with towel over it. They were found to follow inhuman practices like child marriage, early pregnancy, domestic violence etc. There were nearly 40 school going aged children and out of which only half the population go to school. We were happy to see at least one that too a female named Vanilla has completed her graduation and help in educating the children by taking evening classes in associating with the government school at their place. They have a traditional way of clothing and they live in harmony with nature. People speak loudly, as they are used to living in open spaces. The tribal area were found be clean but they have low level of education, many are below poverty line and they also practice early marriage. From the survey it was concluded that the utmost need in upliftment is to impart them the importance of education and cleanliness so as to get socialized with others.





IIDAY:

Education is a fundamental Human Right

Education is one of the most challenging issues. So we have invited Idupulapaya school HM Mr. given awareness regarding the importance of school education.

Education is important for both men and women as both have an essential role in the development of a healthy and smart society. Education is a necessary way for delivering a brilliant future and at the same time performs the most significant part in the growth and improvement of the nation. The citizens of the nation are responsible for the greater future and progress of the nation. Extremely educated citizens form the foundation of a developed nation. Hence, decent education builds a brilliant tomorrow for both the individual and the nation. It is only educated directors who make the country and bring it to the top of prosperity and growth. Education makes everyone brilliant and as excellent as possible.

Nowadays, everyone can get education using modern technology-based platforms, and also various distance education programs are available for the same. And such a modern education system is completely proficient in discussing social problems of illiteracy and inequality among every one of various castes, religion, and caste.

Education expands the creativity of people on a massive scale and benefits them to overcome all the diversity in the nation. It allows us to study properly and know every phase of life. Education gives the sense to know all human liberties, social freedoms, responsibilities, and obligations towards the nation. In short, education has the power to reform a nation in the best way.

MPPS IDUPULAPAYA(M) School

MPPS IDUPULAPAYA(M) School is located at Kadapa district of Andhra Pradesh.

School Code: 28203400901

Block: Vempalli

Panchayat/Village/Muncipality/Corporation/Town: Idupulapaya

Rural/Urban: Rural

School Category: Primary Only

School Management: Local Body

School Type: Co-educational







ШДАҮ:

Shramadaan - A Cleanliness Drive

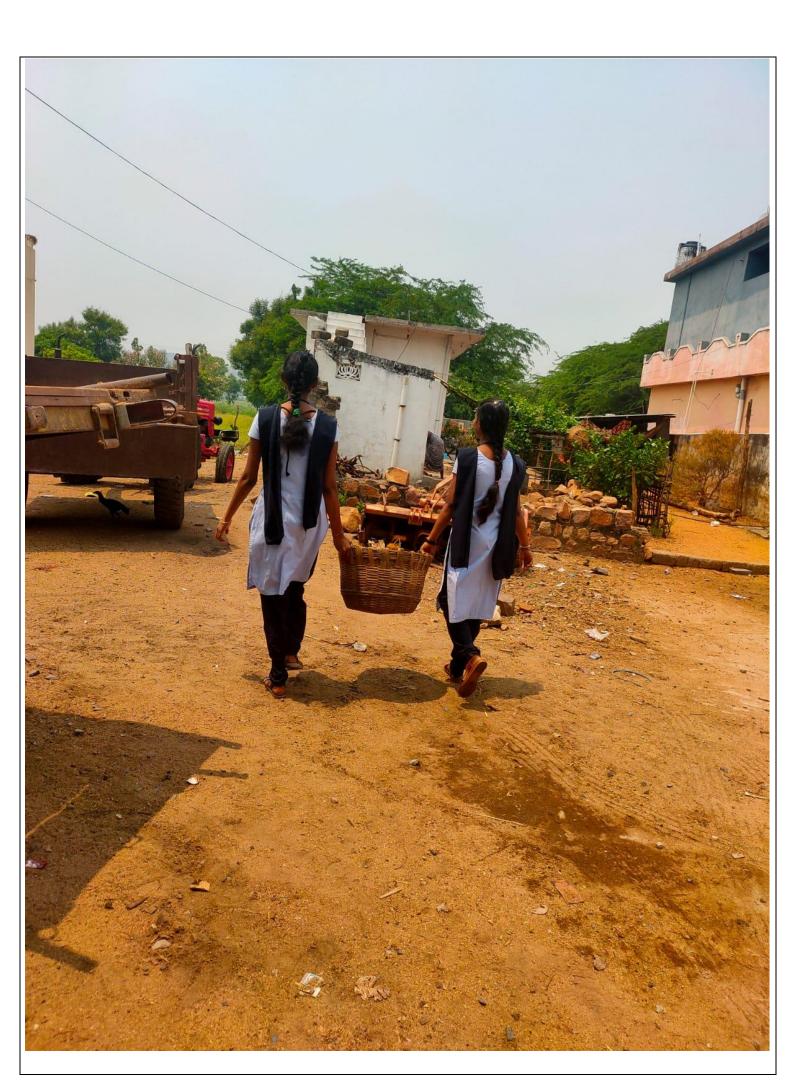
The second most important thing is to provide awareness about cleanliness as travel everyday to different places for making their livelihood. Mrs K.Anusha Raj, NSS program officer and NSS volunteers decided to clean the area by involving the children's and few area people. The students encouraged them by telling that the clean house will be rewarded at the end of the camp and also insisted to keep clean daily. So they happily involved themselves in cleaning process. The NSS volunteers also educated them that cleanliness and Hygiene is necessary to keep them disease free. They were happy on seeing the involvement of the student and gifted the girl students with anklets, their own products. Students were also happy for their deeds. The programme was begun by cleaning the corners of the streets and houses. Brooms and dusting sticks were picked with great enthusiasm and everyone started their jobs. Broomsticks, mosquito coils were distributed among the people dwelling in the surroundings of Idupulapaya.

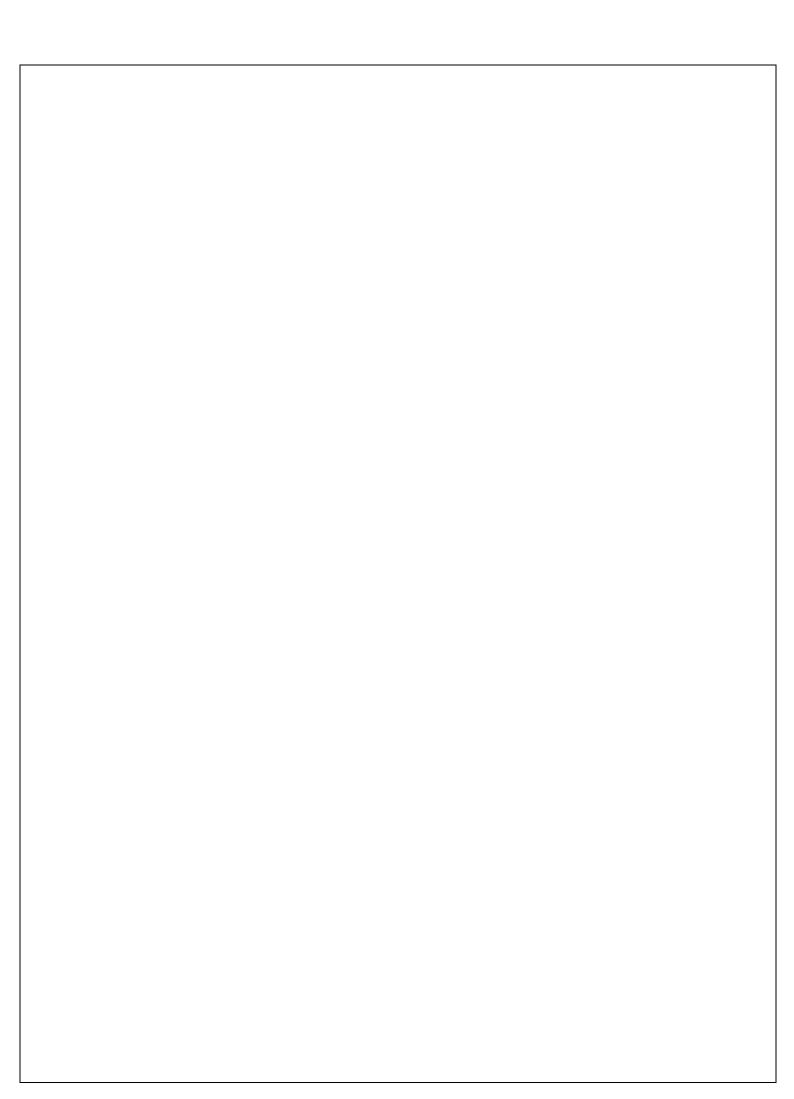
Shramdaan activities were also carried out at various streets of the nearby regions. Students had encouraged community people to join them in the Swachhata activity. Their participation in shramdan activity clearly reflected their willingness and interest to keep the surroundings clean and make India a better place to live.

NSS VOLUNTEERS IN CLEANING PROCESS



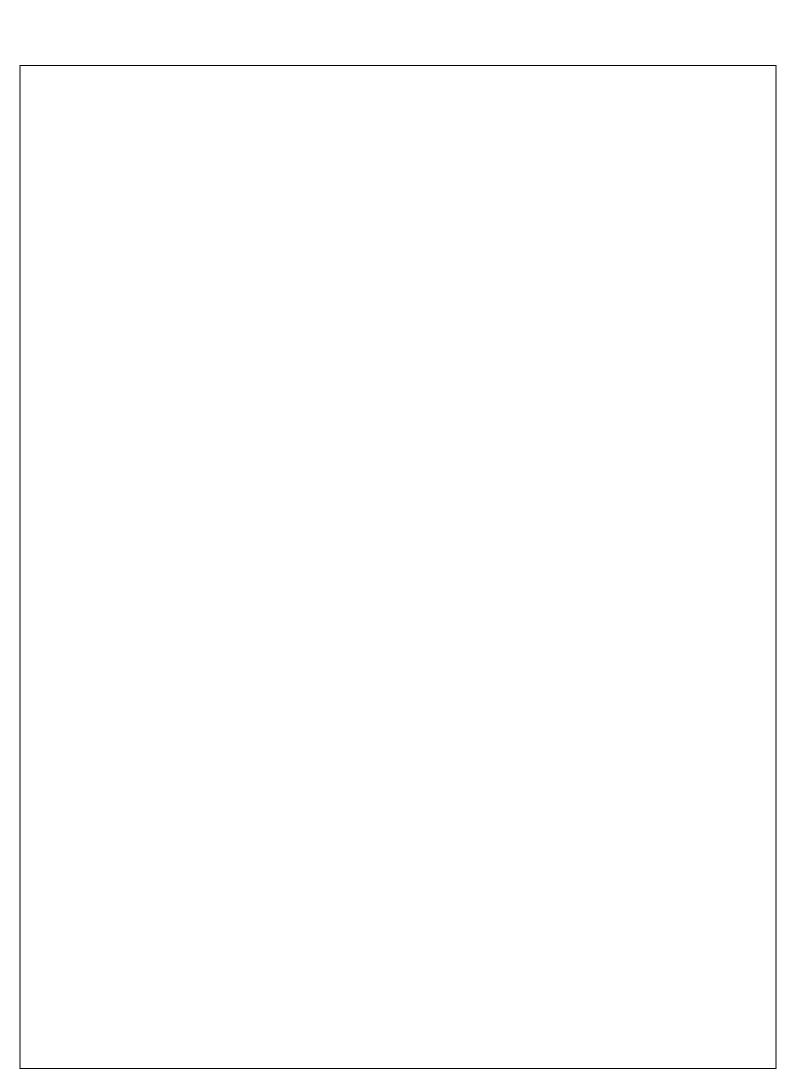


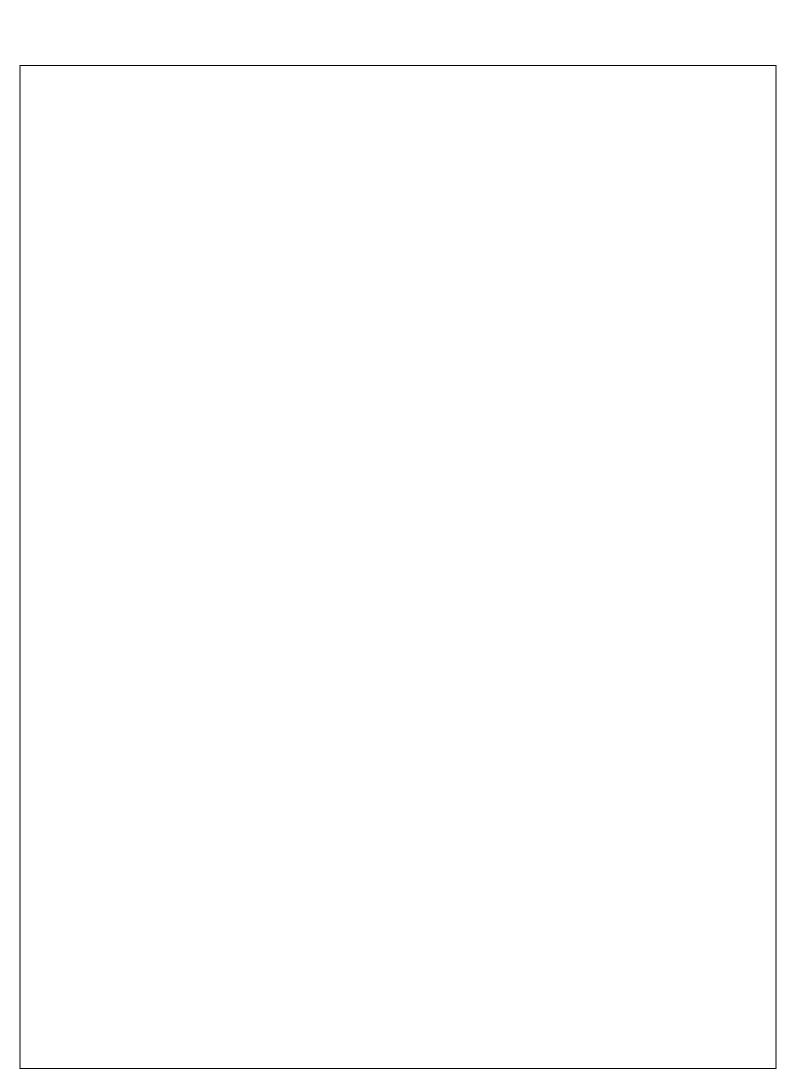






 ${\bf Mrs. K. Anusha\ Raj\ , NSS\ PROGRAM\ OFFICER\ AND\ VOLUNTEERS\ ADRESSING\ ABOUT}$





IV DAY:

One Two Three- Let's Plant a Tree

In order to attract the community NSS unit has invited Grama sarpanch Sri. Sree Ramulu for plantation. Actually this program was not in the actual plan for the camp.But the situation like there was a shift of Grama Sachivalayam from one place to the other .As New one was located in a wide area where there is scope for plantation so that planting a tree may save many lives especially in these summers.So, we have planted around 40 plants which include (Guava,badam,Neem,Raavi,Mango) and so on.

Tree Plantation is one of the best activities for making the planet greener, livelier, and healthier. Planted trees help our biodiversity, ensure the supply of oxygen for the next generations, and provide us with various resources. Without trees, the existence of human life, as well as other species on earth, is impossible. So, we should plant more and more trees. Planting trees is the ideal approach to support nature. It additionally helps other living species, including people, in many ways. Trees give us oxygen, food, shelter, and many more. They are natural air filters and noise safeguards. Areas having a thick estate of trees, are seen to be less loud and generally having cleaner air than the zones without trees.

When trees are planted, on its own, the biodiversity of that zone is improved. It advances the development of species and prevents their depletion or extinction. The tree likewise gives products of the soil. Wood is utilized in the villages who use fire.









V DAY:

HELPING HANDS

Helping others is an act of spreading happiness around the world which in turn makes you happy. This gesture also shows humanity and kindness. When you help others in any form, you have many chances to get help when you are stuck somewhere. Make sure while helping others, your intention should be pure, and you should be sure to help others. When you help others, your intention should be good; when you help others, do not wait for a thank you from them. We can help someone by mentoring, teaching them good habits, providing some essentials to the needy, and even other small acts such as making someone laugh in abnormal conditions.

Helping others is a significant gesture of humanity. After helping someone, one should not wait for them to thank you or pay gratitude for your help. If you help someone, you also get pleasure, and it helps you to live a peaceful life. Serving people is like serving god.

As our adopted village is Idupulapaya, in those areas we have helped some old men and women with concern in all the aspects like field and farm visiting, helping out in sharing the food items while having lunch .NSS volunteers helped the office shifting from one place of old grama sachivalayam to new place of Grama sachivalayam.

These made our students some services as we know actions speak more than words; people give a speech to the world, but rather than speaking, one should help others in this world. Even small acts also play a significant role in changing one's life.







VIDAY:

Eat a Healthy Meal to Help your Body Heal

Few words by Mr. Sree ramulu Garu (Village representative): Shared his thoughts about the issues in the village and also advised the students to observe everything around them and also asked the volunteers to give a proper awareness regarding the sanitation and health conditions.

A healthy body is a healthy adage that has stood the test of time. Nutrition is the most important factor in maintaining and keeping good health Nutrition begins with food and includes everything that the body needs in order to live i.e. function and grow. Food that one eats regularly constitutes our diet.

It is equally important to drink an adequate quantity of water, a guideline says eight glasses a day; and proper ingestion and absorption of essential food materials in the body. A good nutrition should be part of an overall healthy lifestyle including regular exercise, not smoking and not drinking alcohol because food alone is not the solution to a longer and healthier life.

Healthy eating is also an important part of personal well-being as it drastically improves physical fitness, allows one to feel better and does wonders to personal health does not mean adopting a strict diet or giving up certain Preferred foods, but limiting the fattening and harmful foods such as white-flour products, processed foods, solid hydrogenated fats, sweets and fast food. Eating wrong could be deadly. Similarly, possibility of genetically predisposed diabetes and coronary heart disease could be reduced by avoiding obesity and adopting a healthy regime of diet and physical exercise.



Students giving importance on Health





Awareness for improvement of the status of women

Day VII started in creating an awareness for the improvement of the status of Women in the society.

As we know, Women are considered as the soul of a society. They are self-trained and self-empowered humans responsible for the moral and overall development of their children. They are a great inspiration to the family and a leading example to the society. The social stigmas dominated the early age of the Indian era in society. Even though women of the early days were educated, they battled the sufferings of the existing social evils. Modern India or Free India has witnessed some to many developments in the social position and status of women. Many reformers in India have worked for the betterment and upliftment of women's condition in society. They have attained consciousness of their privileges and rights in the country. They are educationally, politically, socially, and economically progressed and take active participation in various fields. Their participation is vital for the development of the country, and yet there is any room for compliance.

Women have been given gender equality in terms of work and payment. They are provided with provisions for maternity leave and are supplied with equal opportunities under Article 16 of the Indian Constitution. Today's era sees the active participation of girls in schools and universities. The girls are at equal par with boys in terms of Education. The Government of India under Article 14 of the Indian Constitution has made Education compulsory for every girl child up to the age of fourteen. Women have occupied significant positions in the field of Politics such as President, Prime Minister, Governor, Lok Sabha Speaker, etc. Late Indira Gandhi was the first female Prime Minister of India, while Pratibha Patil was the first Women President of India who has led India to its best.

After creating the awareness, volunteers motivated few women in the village and given them few live examples so that they can inculcate and follow them.



WomenEmpowerment





Finally, after the programme all the volunteers along with the staff and faculty we had a special lunch and finally success meet .

Though this Camp the NSS volunteers has gained the leadership qualities and also to show considerations towards the illiterate, unskilled villagers. This has also helped them in realizing their responsibilities as future citizens. On the other hand the villagers were also happy to get involved in the camp and were asking us about our next—schedule which was very much encouraging.

MEDIA CORNER

విద్యార్థుల శ్రమదానం



విశాలాండ్ర - వేంపల్లె: వేంపల్లె మండలం ఇదుపులపాయ గ్రామంలో బుధవారం ట్రిపుల్ఐటీ కళాశాల ఎన్ఎస్ఎస్ విద్యార్థులు శ్రమదానం చేశారు. గ్రామాన్ని వారు దత్తత తీసుకున్న నేపధ్యంలో వారందరూ గ్రామానికి వెళ్లి వివిధ అంశాలపై అవగాహన కల్పించారు. ముఖ్యంగా విద్య,వైద్యం, వేసవిలో తీసుకోవాల్సిన జాగ్రత్తలు తదితర అంశాలపై అవగాహన కల్పించారు. అలాగే పాతసచివాలం నుంచి కొత్తసచివాలయంలోకి సామాగ్రిని మార్పుచేయడంలో సచివాలయ ఉద్యోగులకు వారు సహకరించారు. వీధులను శుభ్రపరచి స్వచ్ఛభారత్ విశిష్టతను తెలియజేశారు. కార్యక్రమంలో సర్పంచు శ్రీరాములు, ట్రోగ్రామ్ అధికారి అనూషరాజ్ తదితరులు పాల్గొన్నారు.



බ්හිහීණ් හුස සා සා සුමු නම් නිව් නම්

వేంపల్లె ఇదుపులపాయ ప్రతినిత్యం న్యూస్వేసవి కాలంలో ప్రజలు జాగ్రత్తలు తీసుకొని ఎక్కువగా నీడ ప్రాంతంలో ఉండాలని ఎన్ఎస్ఎస్ ప్రోగ్రాం యూనిట్ 6 అధికారి అనూషరాణి కోరారు. బుధవారం ఇదుపులపాయ ఆర్కే వ్యాలీ ట్రిపుల్ ఐటీకి చెందిన

ఎన్ఎస్ఎస్ యూనిట్ - 6 ఆధ్వర్యంలో ఇదుపులపాయ (గామంలో విద్యార్థులు ర్యాలీ నిర్వహించారు. అలాగే (పజలతో సమావేశం అయ్యి ఆరోగ్య సమస్యలను విద్యార్థులు తెలుసుకున్నారు. వేసవి కాలంలో పిల్లలు, వృద్ధులు, జాగ్రత్తలు తీసుకోవాలని లేకపోతే వడదెబ్బకు గురి అయ్యే అవకాశం ఉందని యూనిట్ అధికారి అనూషరాణి చెప్పారు.



ఎక్కువగా నీటిని (తాగుతూ దప్పిక లేకుండా చూసుకోవాలని సూచించారు. ఎండలు తీడ్రంగా ఉన్నాయాని దానికి తగ్గట్టగా (ప్రయాణం చేయాలని చెప్పారు. పరిసరాలు పరిశు భ్రంగా ఉండేలా చూసుకోవాలని అన్నారు. అనంతరం (గ్రామంలో ఉన్న చెత్తను (ప్రజల సహకారంతో విద్యార్థులు తొలగించారు. పాత సచివాలయం నుండి కొత్త సచివాలయంలోకి సామాన్య చేరవేయడంలో విద్యార్థులు సహకరించారు. ఈ కార్యక్రమంలో ఇదుపులపాయ సర్పంచ్ శ్రీరాములు, విద్యార్థులు పాల్గొన్నారు.

